

# UNIT A : LESSON 1

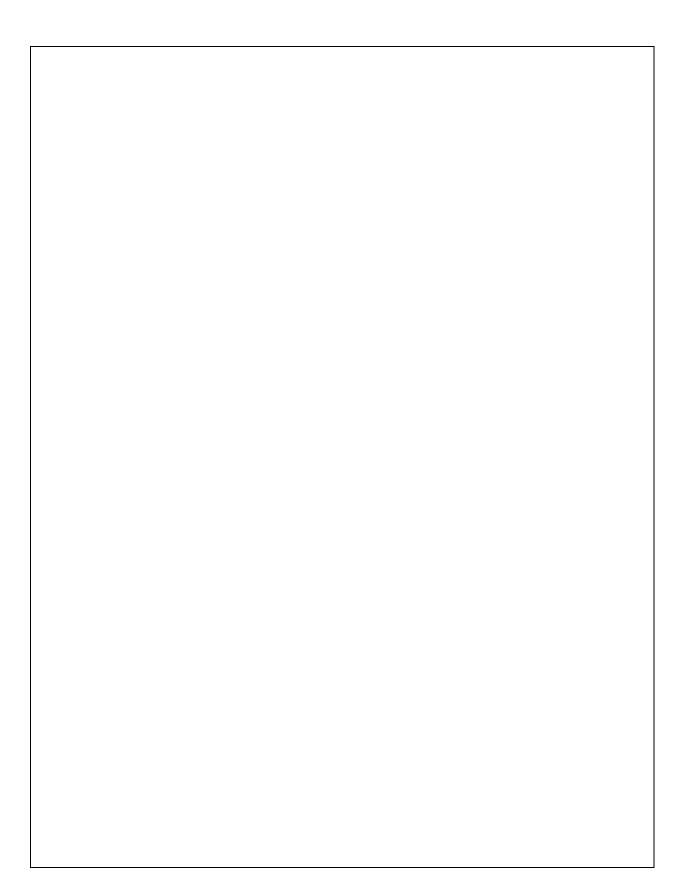
## LEARNING TARGETS

INSTRUCTIONS FOR STUDENTS:		
Listen as your teacher reviews the standards and objectives. Your teacher will call on		
an individual or pair to explain what they mean.		
Learning Target:	determine . decide	
I can determine the main ideas and supporting details in	main . central or most	
the article $\check{Z}\check{Z} - ce 1\check{S} - \bullet \check{Z}CE ce^{i} - 1\check{S}'' - \bullet$	important	
	supporting details .	
Learning Target:	helping ideas	
I can determine the meaning of unknown technical words.	article . a short text in	
	a newspaper or	
	magazine	
	technical . having to	
	do with specific	
	subjects	

### ACQUIRING AND USING VOCABULARY



While this is basically the same for teens and adults, the devil is in the details. Since the brain is not fully developed until the early 20s, the way in which a teen's decision -making circuit integrates information may put him or her at a higher risk of making decisions the teen could later regret. PART A: WORD BANK actions developed neurotransmitters teens electrochemical impulses output thinking angry problems twenties automatically imagine behaviors instantaneously regret brain mean response chemical messengers network series of events decision neurons



The brain does no	ot develop fully until a person is in their early	The teen
brain is not fully	The adult brain is fully	

18. What can happen to teens if their brains are not yet fully developed? If the teen brain is not yet fully developed, the teen may make \_\_\_\_\_(good/bad) decisions that he or shemay \_\_\_\_\_(feel sorry for) later.

#### PART B: THE TEEN BRAIN: UNDER CONSTRUCTION

Not long ago, scientists thought the human brain was fully mature long before the teen years. While research shows that one's brain reaches itsmaximum size between ages 12 and 14 (depending on whether you are a girl or a boy) italso shows that brain development is far from complete. Regions of the brain continue to mature all the way through a person's early 20s.

A key brain region that matures late is the prefrontal cortex, located directly behind your forehead. The prefrontal cortex is very important as a control center for thinking ahead and sizing up risks and rewards. (This area is, in fact, the little red light that was trying to warn you about sending that e -mail.) Meanwhile, a nother part of the brain that matures earlier is the limbic system, which plays a central role in emotional responses.

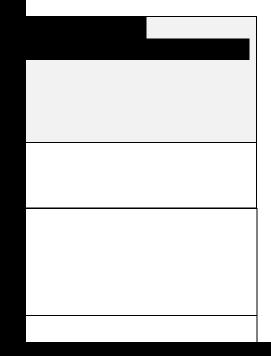
Since the limbic system matures earlier, it is more likely to gain an upper hand in

PART B: WORD BANK			
alcohol	emotions	plan ahead	risks
decisions	limbic system	prefrontal cortex	tobacco
developed	mature	research	twenty
drugs	peer pressure	rewards	
PART B: SUPPLEN	IENTARY QUESTIONS	<u>:</u>	
		_	

RESPONSE TO GUIDING QUESTION(S) :

Are teen brains the same as adult brains? Why or why not? Why isnfbismation important?

Response:



# FUNCTIONAL ANALYSIS

INSTRUCTIONS FOR STUDENTS:			
Work with your class to analyze an important	nt sentence(s) from the text.		
•	Every sentence has someone or something thatloessomething. First you		
	determine this who or what		
x Every sentence has something that t			
	Now you have the most important parts of the sentence in place. Then you will figure out what they did the action to or for		
x Finally, you will write the descriptive			
x Write yo ur answers in the spaces be			
x When you are done, write the senter			
You may want to use definitions from the gl	<b>c</b>		
Functional Analysis:			
Since the brain is not fully developed until the	he early 20s, the way in which a teen's decis		
making circuitintegratesinformation may put	him or her at a higher risk of making decisic		
the teen could later regret.			
WHO OR WHAT (Actor): the			
DESCRIPTOR (Detail): '1 '' CE '1 Š1•Ž Žmakinge of revzit Of Etegerates - information			
WHAT HAPPENED (Action): may			
Wно (Recipient):or	_		
DESCRIPTOR(Detail): at a higher			
DESCRIPTOR(Detail): of making decisions the teen could later regret			
WHY: since			
With . Sinoo			
What the sentence says:	My own words:		
'Ž1 Š¢'—1 ''Œ'1Š1∙ŽŽ— œ	The Š¢1Š1•ŽŽ— œ1		
making circuit integrates			
may put	can put		
him or her	the teen		
at a higher risk	at risk		
of making decisions the teen could later	of		
regret			
Since the brain is not fully developed	since the brain is not		
until the early 20s	until		

Word	Definition	Example
emotion	a strong feeling	The limbic system plays a
(emotional,		central role in
emotionally)		emotional responses.
instantaneously	at the same time	Decisions comefrom
		a series of events in the brain
		that happen almost
		instantaneously.
integrate	bring several things together and	The way a teen's decision
	blend, or mix them into a whole	making circuit integrates
		information may put him or
		her at a higher risk of
		making bad decisions.
key	important	A key brain region
		that matures late is the
		prefrontal cortex.
limbic system	the part of the brain that processes,	A part of the brain
	or deals with, emotions	that matures earlier is the
		limbic system, which plays
		a central role in
		emotional responses.
logic	thinking or reasoning	In other words, when teens
		make choices in emotionally
		charged situations, those
		choices are often more
		weighted in feelings
		(the mature limbic system)
		over logic (the not-yet-
		mature prefrontal cortex).
mature	develop or grow older	Regions of the brain
		continue to mature all the
		way through a   ™ Ž › œ ~ —
		20s.
maximum	largest possible	The brain reaches its

Word	Definition	Example
role	function; the part that something	The limbic system plays a
	plays in a larger system or action	central role in
		emotional responses.
rush	hurry	Rushed decisions like
		this 0 acting before thinking
		it through 0 happen more
		often in teens than in adults.
series of events	a group of related things taking	Decisions come from
	place one after another	a series of events in the
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